



Never Leave Children Alone in Parked Vehicles

- On average, 38 children die in hot cars each year from heat-related deaths after being trapped inside motor vehicles.
- On a day when the temperature outside is 86 degrees, the temperature inside a car can quickly reach 135 or even 150 degrees!
- Research shows that leaving the windows open a crack does little to reduce this oven effect.

National Highway Traffic Safety Administration Tips to Prevent Injury & Death

• Never leave infants or children alone in an unattended vehicle, even if the windows are partially open or the air conditioner is on.



- Make sure all passengers have left the vehicle after it is parked.
- Do not let your children play in an unattended vehicle.
- Always lock vehicle doors and trunks and keep keys out of children's reach.
- Be sure to remove children from the vehicle during busy times, schedule changes, emergencies or shopping for the holidays.
- Be extra careful when routines change; children can be forgotten in the back seat:

- If you are bringing your infant or child to **daycare**, and normally it's your spouse or partner who brings them, have your spouse or partner call you to make sure everything went according to plan.

- Ask your childcare provider to call you if your child does not show up for childcare.

- Put something you'll need like your cell phone, handbag, employee ID or brief case on the floor board in the back seat to remind you.

- If you see a child alone in a hot vehicle, *call the police*.
- If a child is in distress due to heat, get them out as quickly as possible and call 911.
- Warning signs of heat illness may include: red, hot, and moist or dry skin, no sweating, a strong rapid pulse or a slow weak pulse, nausea or acting strangely. Cool the child fast and call 911.

